ABOUT GROOMING

What someone may do to you and your child.





This information sheet: talks about what grooming is and what someone may do to you and your child.



Someone plans to hurt your child. This is called grooming.



This person may be in your family or a friend.



They may act like they are your friend. They may help you and buy you things.



They may buy your child toys



They may offer to look after your child like when you go out or go to sleep.



They want to be **alone** with your child.

They may try to touch your child's body parts.

This is sexual assault.



They tell your child to keep it Secret.



They tell your child not to tell anyone.



They tell your child bad things will happen if they tell anyone.



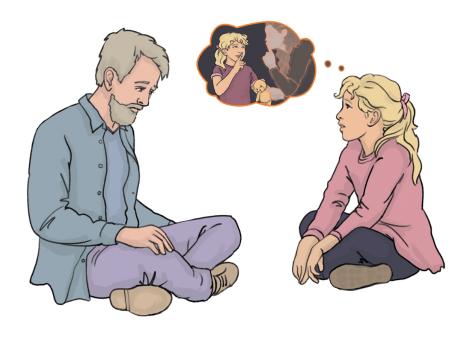
They will still buy you gifts and help you.



They will continue to hurt your child as long as they can.



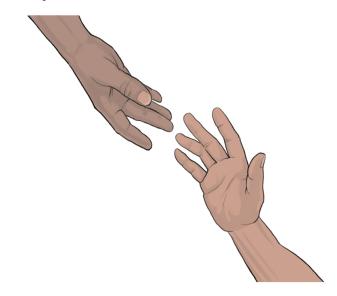
Your child may tell you someone hurt them.



You need to believe your child and report it to the police.



Remember you are not alone. You can get help.



Other people can help.



Places you can go to for help

If you are in danger and it is an emergency call the police 000



If you need to talk to the police and it is not an emergency you can call the police advice line 131 444



Or you can visit any Police station to ask for help

How to contact the eSafety Commissioner

You can make a report online at https://www.esafety.gov.au/



If you need someone to help you make a report to the eSafety Commissioner you can ask for an advocate to help you. You can find support at

https://askizzy.org.au/



If you need crisis support you can talk to someone at Lifeline call 13 11 14

https://www.lifeline.org.au/



If you need counselling support for sexual or domestic violence you can call 1800RESPECT 1800 737 732

https://www.1800respect.org.au/



First People's Disability Network Australia

First Peoples Disability Network Australia (fpdn) is a national human rights organisation of and for Australia's First Peoples with disability, their families and communities.

You can call them on 02 9267 4195

https://fpdn.org.au/



Australian Human Rights Commission

Australian Human Rights Commission has a list of disability legal and advocacy services You can call them on 1300 369 711

https://humanrights.gov.au/



If you need legal help you can contact **IDRS** this is a free legal service for people with intellectual disability or cognitive impairment You can call them on 02 9265 6300

https://idrs.org.au/



If you need help with English you can call the TIS Translating and Interpreter Service Call 131450

https://www.tisnational.gov.au/



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